ꞏwness Adꞏisory Co ittee

eco end ꞏon o e per n enden nd
epor o e den Ac ꞏe e en co ꞏ ee of e c oo Bo rd

ne 2 2

"The link between nutrition, physical education and academic achievement is strong. Poor nutrition and hunger interfere with cognitive function. Research on the benefits of school breakfast programs found improvement in students' ability to concentrate in the classroom and increases in test scores. Physical education has also been linked to improved academic performance. Results of physical fitness testing showed that higher levels of fitness were associated with higher achievement in mathematics and reading. The motor learning that occurs in a quality physical education program can support reading readiness, increased cognitive responses and attention span."

— ꞏꞏ ꞏꞏ AD den e ne ro g N r ꞏon nd P y c Ac ꞏ ꞏ y

ntroduction

e ne ppor e y nd eq ꞏ e co n ꞏe ꞏ cre e e fo nd ꞏon for c de ꞏc
cce nd ꞏn do ng o e ne ꞏ ꞏn egr ꞏn d nc ng e D rꞏc ꞏ ꞏon of c ꞏe e en
for den ꞏrre pec ꞏ e of r ce ꞏnco e ng ge d ꞏ ꞏ y or o er f c or ꞏ

e e ne Ad ꞏ ory Co ꞏ ee AC cre ed ꞏn 2ꞏ y Bo rd Po ꞏcy ꞏ ꞏ ꞏ P
Appoꞏn ed y e per n enden e er repre en e c er ff p ren Por nd re
ꞏne e e c re org n z ꞏon go ern en gencꞏe nd co n y p r ner ꞏ ꞏ
c oo ye r e AC foc ed ꞏ or ꞏn ree pec f c re

A Co unic tions Pro ꞏde co n c ꞏon g ꞏd nce on po ꞏcy roc fo ꞏ proe e nd ꞏnꞏ ꞏ e nꞏ

he AC reco   ends

- e n ng e PE nd e   O A po   on o ppor e c er

- M n n ng e e ne Po cy Coord n or po   on eyond e e p r on of e
   e   y Ac e c oo   r n

- En r ng   c oo nd D r c y e   re r on zed o fo er e   pro o ng
  en ron en e g nc d ng c oo   e ne n   e req red y e PP   e ne
  Po cy nd Ad n r   e D rec   e n e c oo pro e en P n

- In egr ng e ne co   n c on nd pr c ce n   D r c progr   r n ng nd
  e en e g offer ng e y e   nd n c   for ff r n ng or nc d ng ed c on
  progr   ng on e   d p r e p r of e Foc on D er y F   nd Lec re
   er e

- Enforc ng e po cy req re en for e   ng c oo   ed e ne co   ee nd